



**1. Overview**

**A. Description**

Provide a brief description of the proposed minor.

The minor in integrative health introduces students to the foundational knowledge of integrative health, a holistic approach to health that focuses on the mind, body and spirit. The minor will provide an overview of holistic approaches, as well as emphasize research, evidence-based approaches, and the legal, ethical, historical and cultural foundations of integrative health care.

**B. Why should this be a minor rather than a concentration?**

The minor in integrative health will be open to students in all majors and provide the opportunity for students to add this knowledge to their degree program. Students will be able to integrate the courses in health innovation with majors across the university including health sciences, social work, nursing, biology and more.

**C. Affiliation**

If the minor is affiliated with a degree program, include a brief statement of how it will complement the program. If it is not affiliated with a degree program, incorporate a statement as to how it will provide an opportunity for a student to gain knowledge or skills not already available at ASU.

The College of Nursing and Health Innovation launched the BS in Integrative Health in fall 2015. Students who want to develop a full range of skills and knowledge will be encouraged to select the major. The minor will serve the needs of students in other majors who want to expand their knowledge base and skill set in the area of integrative health.

**D. Demand**

Explain the need for the new minor (e.g., market, student demand, interdisciplinary considerations).

The demand for graduates with knowledge of integrated health practices is increasing, as individuals with physical and mental illness search for more natural or holistic approaches to treatment. The target audience for this program is students interested in becoming educators in Integrative Health practices. This minor will also appeal to students in health-related disciplines who wish to obtain additional knowledge in this specialty. The minor may also appeal to any student who is interested in learning more about integrative health modalities.

**E. Projected Enrollment**

What are enrollment projections for the first three years?

**F.**

	<b>1<sup>st</sup> Year</b>	<b>2<sup>nd</sup> Year</b> (Yr. 1 continuing + new entering)	<b>3<sup>rd</sup> Year</b> (Yr. 1 & 2 continuing + new entering)
Number of Students (Headcount)	15	30	45

## 2. Support and Impact

### A. Faculty governance

Provide a supporting letter from the chair of the academic unit verifying that the proposed minor has received faculty approval through appropriate governance procedures in the unit and that the unit has the resources to support the minor as presented in the proposal, without impacting core program resources.

The College of Nursing and Health Innovation (CONHI) Academic Assembly and UG Curriculum Committees have voted to approve this minor. Students in the minor will enroll in courses currently in the major degree program. No additional resources will be required to offer this minor.

### B. Other related programs

Identify other related ASU programs and outline how the new minor will complement these existing ASU programs. (If applicable, statements of support from potentially-affected academic unit administrators need to be included with this proposal submission.)

There are no existing programs that are similar to this proposed minor at the University. A letter of support for the proposed minor from the College of Health Solutions accompanies this proposal.

### C. Letter(s) of support

Provide a supporting letter from each college/school dean from which individual courses are taken.

None. All courses included in the minor are from CONHI.

## 3. Student Learning Outcomes and Assessment Methods

### A. Knowledge, competencies, and skills

List the knowledge, competencies, and skills students should have when they graduate from the proposed degree program. You can find examples of program Learning Outcomes at (<https://uoeee.asu.edu/plan-outcomes>).

1. Differentiate the legal, ethical and standards of practice of integrative health therapies, modalities and practitioners.
2. Critically appraise the evidence of selected integrative health therapies and modalities.
3. Analyze the principles and practices of select biological and body-based therapies and modalities, explaining and distinguishing their use in the healthcare system.
4. Compare and contrast the historical and cultural foundations of selected mind-body, biologically-based, manipulative and body-based and energy integrative health therapies and modalities and differentiate their use in holistic healing and care.

### B. Assessment

Describe the plan and methods to assess whether students have achieved the knowledge, competencies and skills identified in the Learning Outcomes. You can find examples of assessment methods at (<https://uoeee.asu.edu/creating-plan>).

#### **Outcome 1: Differentiate the legal, ethical and standards of practice of integrative health therapies, modalities and practitioners.**

Course: HCR 340 Foundations of Integrative Health

Measure 1.1 (Direct): Integrative Health therapies, modalities, and practitioners case study

Performance Criterion 1.1: 85% of students in the course will achieve a grade of C or higher on the case study.

#### **Outcome 2: Critically appraise the evidence of selected integrative health therapies and modalities.**

Course: HCR 342 Mind-Body and Energy Therapies and Modalities

Measure 2.1 (Direct): Final course project

Performance Criterion 2.1: 85% of students in the course will achieve a grade of C or higher on the

**Outcome 3: Analyze the principles and practices of select biological and body-based therapies and modalities, explaining and distinguishing their use in the healthcare system.**

Course HCR 341 Biological, Manipulative, and Body-Based Therapies

Measure 3.1 (Direct) HCR 341 Final project

Performance Criterion 3.1 85% of students in the course will achieve a grade of C or higher on the final project.

**Outcome 4. Compare and contrast the historical and cultural foundations of selected mind-body, biologically based manipulative and body-based and energy integrative health therapies and modalities and differentiate their use in holistic healing and care.**

Course HCR 343 Historical and Cultural Foundations of Integrative Health Care

Measure 4.1 (Direct): Discussion Board - Historical and Cultural Foundations of Integrative Health Care

Performance Criterion 4.1: 85% of students in this course will achieve a grade of C or higher on the healing environment project.

**4. Academic Curriculum and Requirements**

A.

**Required Minor Courses**

Prefix	Number	Title	Is this a new course?	Credit Hours
HCR	340	Foundations of Integrative Health	No	3
HCR	341	Biological, Manipulative and Body-Based Therapies	No	3
HCR	342	Mind-Body and Energy Therapies and Modalities	No	3
HCR	343	Historical and Cultural Foundations of Integrative Health Care	No	3
HCR	440	Interprofessional Approaches to Integrative HealthCare	No	3
Section Sub-total				15

**Elective Minor Courses**

Prefix	Number	Title	Is this a new course?	Credit Hours
CHM or BIO	ANY	Any CHM or BIO course*	No	3-4

\*Any CHM or BIO course can be used to develop foundational knowledge in these two subject areas necessary for the minor.

Section Sub-total      3-4

**Other Minor Requirements**

E.g. – Capstone experience, internship, clinical requirements, field studies, foreign language skills as applicable      Credit Hours

Section Sub-total

**Total minimum credit hours required for the Minor      18-19**

**A. Minimum residency requirement**

How many hours of the minor must be ASU credit?

Twelve (12) of the eighteen (18-19) hours must be completed at Arizona State University.

**B. New Courses**

Provide prefix, number and a brief course description for each new course. No new courses are required.

Note: All new required courses should be submitted in Curriculum Changer and ready for Provost’s Office approval before this certificate is put on Curriculum and Academic Programs Committee (CAPC) agenda

**5. Administration and Resources**

**A. Describe the procedures and any qualifications for enrollment in the minor.**

Students may self-select to their intent to pursue the minor. Their major advisor can add the minor to the student’s program or plan stack. Students pursuing the minor may seek advising on minor requirements through advisors in the College of Nursing and Health Innovation. Students must have a minimum of a 2.00 GPA to select this minor.

**B. Describe the advising procedures as well as measures for verification of completion of the minor.**

DARS will be used to verify completion of minor requirements.

- C. What are the resource implications for the proposed minor, including any projected budget needs? Will new books, library holdings, equipment, laboratory space and/or personnel be required now or in the future? If multiple units/programs will collaborate in offering this minor, please discuss the resource contribution of each participating program. Letters of support must be included from all academic units that will commit resources to this minor.

The College of Nursing and Health Innovation currently has the resources needed to offer this minor. No additional resources will be necessary.

**D. Primary Faculty**

List the primary faculty participants regarding this proposed certificate. For interdisciplinary certificates, please include the relevant names of faculty members from across the University.

<b>Name</b>	<b>Title</b>	<b>Area(s) of Specialization as they relate to proposed minor</b>
Brenda Hosley, PhD, RN	Clinical Associate Professor	Integrative Health; Psych-Mental Health Nursing
Rojann Alpers, PhD, RN	Associate Professor	Integrative Health; Community Health; Nursing
Nathalie Rennell, MSN, RN	Instructor	Integrative Health; Community Health; Nursing
Deborah Harbinson, MS, RN	Instructor	Integrative Health; Health Innovation; Nursing

**6. Additional Materials**

- A. Appendix  
Complete and attach the Appendix document.
- B. Program of study  
Provide one or more model programs of study (if appropriate).
- C. Attach other information that will be useful to the review committees and the Office of the University Provost.

**APPENDIX  
OPERATIONAL INFORMATION FOR MINORS**

(This information is used to populate the Degree Search/catalog website.

Please consider the student audience in creating your text.)

**1. Proposed Minor Name:** Integrative Health

**2. Description (150 words maximum)**

Integrative health provides students with the foundational knowledge to approach health from, a holistic perspective that focuses on the mind, body and spirit. The minor will provide an overview of holistic approaches, as well as emphasize research, evidence-based approaches, and the legal, ethical, historical and cultural foundations of integrative health care.

**3. Contact and Support Information**

Building Name, code and room number: ( <a href="#">Search ASU map</a> )	MERCC 250
Program office telephone number: ( <i>i.e.</i> 480/965-2100)	602/496-0888
Program Email Address:	nursingandhealth@asu.edu
Program Website Address:	<a href="https://nursingandhealth.asu.edu">https://nursingandhealth.asu.edu</a>

**Program Requirements:** Provide applicable information regarding the program such as curricular restrictions or requirements, specific course lists, or academic retention requirements.

Required Courses:

HCR 340 Foundations of Integrative Health (3)  
HCR 341 Biological, Manipulative and Body-Based Therapies (3)  
HCR 342 Mind-Body and Energy Therapies and Modalities (3)  
HCR 343 Historical and Cultural Foundations of Integrative Health Care (3)  
HCR 440 Interprofessional Approaches to Integrative Health Care (3)

Electives:

CHM or BIO Any CHM or BIO course (3-4)

Depending upon a student's undergraduate program of study, additional courses may need to be completed as prerequisites in order to complete the requirements of this minor.

A "C" or better is required in all required courses. Students pursuing the minor may seek advising on minor requirements through advisors in the College of Nursing and Health Innovation.

**4. Additional Enrollment Requirements** If applicable list any additional enrollment requirements students must complete.

Students must have a minimum of a 2.00 GPA to select this minor.

Students in most majors may pursue one or more minors and, upon successful completion of the prescribed course work, have that accomplishment officially recognized on the ASU transcript at graduation if the college or department of the minor officially certifies, through established verification procedures, that all requirements for the minor have been met and the college (and, in certain colleges, the department) of the student's major allows the official recognition of the minor. A student wishing to pursue a specific minor should consult an academic advisor in the unit offering that minor to ensure that an appropriate set of courses is taken. The student should also consult an academic advisor in the college or department of his or her major to make sure the college or department of the major allows the recognition of the minor.

Note: Certain major and minor combinations may be deemed inappropriate either by the college or department of the major or minor. Courses taken as part of a minor may not count toward both the major degree and the minor. Please contact the department for more information.

**5. Delivery/Campus Information Delivery:** On-campus (ground and icourse)

*Note: Once students elect a campus or On-line option, students will not be able to move back and forth between the on-campus and the ASU Online options. Approval from the Office of the Provost and Philip Regier (Executive Vice Provost and Dean) is required to offer programs through ASU Online.*

**6. Campus/Locations:** indicate all locations where this program will be offered.

Downtown Phoenix     Polytechnic     Tempe     West    Other: ASU Online

August 25, 2015

Brenda Morris, EdD, RN, CNE  
Associate Dean, Academic Affairs  
ASU College of Nursing & Health Innovation

Dear Brenda,

This letter is to confirm support for the proposed minors offered by the College of Nursing & Health Innovation: Community Health, Health Care Coordination, Health Innovation and Integrative Health.

Sincerely,



Kathleen Andereck, Ph.D.  
Director of Curricular Initiatives, College of Public Service & Community Solutions  
Director and Professor, School of Community Resources & Development

**Office of the Dean**

Mail code 3520, 411 N. Central Ave., Suite 750, Phoenix, AZ 85004-2163  
(602) 496-0600 FAX (602) 496-0955  
publicservice.asu.edu



## Jennifer Malerich

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**From:** Brenda Morris <BRENDA.MORRIS@asu.edu>  
**Sent:** Monday, August 24, 2015 6:19 PM  
**To:** curriculumplanning@asu.edu  
**Cc:** Brenda Morris  
**Subject:** Request to add letter of support to minors - Community Health, Health Care Coordination, Health Innovation, Integrative Health, Clinical Research Management - FW: Request for letter of support from CHS for new minors

Hi,

Please attach this letter of support to the proposals to establish minors in: Community Health, Health Care Coordination, Health Innovation, Integrative Health, Clinical Research Management.

Thank you

Take care, Brenda

Brenda Morris, EdD, RN, CNE  
Assistant Dean  
[brenda.morris@asu.edu](mailto:brenda.morris@asu.edu)

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**From:** Julie Liss  
**Sent:** Monday, August 24, 2015 6:09 PM  
**To:** Brenda Morris  
**Subject:** Re: Request for letter of support from CHS for new minors

Brenda,  
Sorry for the delay. CHS supports CONHI's new minor proposal for the following:

- Community Health
- Health Care Coordination
- Health Innovation
- Integrative Health
- Clinical Research Management

Best wishes,  
Julie

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Julie Liss, Ph.D.  
Associate Dean, College of Health Solutions  
Professor, Department of Speech and Hearing Science  
Barrett Honors Faculty  
Arizona State University  
[julie.liss@asu.edu](mailto:julie.liss@asu.edu)

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**From:** Brenda Morris <[BRENDA.MORRIS@asu.edu](mailto:BRENDA.MORRIS@asu.edu)>  
**Date:** Monday, August 24, 2015 5:56 PM

**To:** Julie Liss <[JULIE.LISS@asu.edu](mailto:JULIE.LISS@asu.edu)>  
**Cc:** Brenda Morris <[BRENDA.MORRIS@asu.edu](mailto:BRENDA.MORRIS@asu.edu)>  
**Subject:** FW: Request for letter of support from CHS for new minors

Hi Julie,

I just wanted to follow up and see if you had any questions for me about this request.

I have added one additional minor to the initial request. This is the proposed minor in Health Care Compliance and Regulations.

Is it possible to obtain an email indicating that CHS supports the proposed minors in \_\_\_\_?

- Community Health
- Health Care Coordination
- Health Innovation
- Integrative Health
- Clinical Research Management

Thank you for considering these requests.

Take care, Brenda

Brenda Morris, EdD, RN, CNE  
Assistant Dean  
[brenda.morris@asu.edu](mailto:brenda.morris@asu.edu)

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**From:** Brenda Morris  
**Sent:** Friday, August 14, 2015 1:16 PM  
**To:** Julie Liss  
**Subject:** Request for letter of support from CHS for new minors

Hi Julie,

I hope all is well.

I'm writing to request a letter of support on behalf of CHS for the following minors: Community Health, Health Care Coordination, Health Innovation, and Integrative Health.

These minors will provide students with options to blend different health related majors and minors to customize their education. We believe these minors are complementary to the academic offerings of CHS.

If these are approved, CONHI will launch the minors in F 2016.

CONHI is launching the new BS degrees in Community Health, Health Innovation, and Integrative Health in F 2015.

The BS in Health Care Coordination will be launched in F 2016.

Thank you for considering this request.

Please let me know if you need any additional information.

Take care, Brenda

Brenda Morris, EdD, RN, CNE  
Assistant Dean  
ASU College of Nursing & Health Innovation  
[Brenda.morris@asu.edu](mailto:Brenda.morris@asu.edu)  
602-496-0850