

The completed and signed proposal should be submitted by the Dean’s Office to: [curriculumplanning@asu.edu](mailto:curriculumplanning@asu.edu). Before academic units can advertise undergraduate minors or include them in their offerings as described in the university catalogs, they must be recommended for approval by the Senate Curriculum and Academic Programs Committee and approved by the Office of the University Provost.

**Definition and minimum requirements:**

These are the minimum requirements for approval. Individual undergraduate minors may have additional requirements.

A minor is an approved, coherent focus of academic study in a single discipline, other than the student’s major, involving substantially fewer hours of credit than a corresponding major. Certain major and minor combinations may be deemed inappropriate by either the college or department of the major or minor. Inappropriate combinations include (but would not be limited to) ones in which an excessive number of courses in the minor are simultaneously being used to fulfill requirements of the student’s major.

A minor:

- Requires a minimum of 15 credit hours of which at least nine credit hours must be upper division
- Is not intended for students pursuing a major in the department which offers the minor

**College/School/Institute:** College of Public Service and Community Solutions  
**Department/Division/School:** School of Community Resources and Development  
**Proposing Faculty Group (if applicable):**  
**Proposed Minor Name:** Recreation Therapy  
**Requested effective date:** 2018-19  
 For deadline dates, see: [Curriculum Workflow Calendars](#).

**Delivery method and campus or location options:** select all locations that apply

- Downtown Phoenix     Polytechnic     Tempe     Thunderbird     West     Other: \_\_\_\_\_
- Both on-campus and**  ASU Online\* - (check applicable campus(es) from options listed above)
- ASU Online only (all courses online and managed by ASU Online)

*Note: Once students elect a campus or online option, students will not be able to move between the on-campus and the ASU Online options. Approval from the Office of the University Provost and [Philip Regier](#) (Executive Vice Provost and Dean) is required to offer programs through ASU Online. Please contact Ed Plus [then](#) complete the ASU Online Offering form in [Curriculum ChangeMaker](#) to begin this request.*

**Proposal Contact**

**Name:** Kathleen Andereck                      **Title:** Director  
**Phone number:** 602-496-1056                      **Email:** kandereck@asu.edu-

**DEAN APPROVAL(S)**

**This proposal has been approved by all necessary unit and College/School levels of review. I recommend implementation of the proposed organizational change.**

**College/School/Division Dean name:** Cynthia Lietz, Senior Associate Dean

**Signature** Cynthia A Lietz                      **Date:** 11/09/2017

**College/School/Division Dean name:**  
*(if more than one college involved)*

**Signature** \_\_\_\_\_                      **Date:** \_\_\_\_/\_\_\_\_/20\_\_\_\_

*Note: An electronic signature, an email from the dean or dean’s designee, or a PDF of the signed signature page is acceptable.*

**1. Overview**

**A. Description**

Provide a brief description of the proposed minor.

The goal of the Recreation Therapy program is to prepare competent, entry-level recreational therapists with requisite knowledge, skills, and behaviors to improve functional outcomes and increase participation in life activities for individuals experiencing health conditions. The minor will provide opportunities for students in programs such as health and exercise and wellness to take the courses needed to sit for the Certified Recreation Therapist exam.

**B. Why should this be a minor rather than a concentration?**

We already offer a concentration in therapeutic recreation within the Parks and Recreation degree but want to make the courses available to students in other majors.

**C. Affiliation**

If the minor is affiliated with a degree program, include a brief statement of how it will complement the program. If it is not affiliated with a degree program, incorporate a statement as to how it will provide an opportunity for a student to gain knowledge or skills not already available at ASU.

It is affiliated with the BS in Parks and Recreation Management (Therapeutic Recreation) and will also be affiliated with our new degree, a BS in Recreation Therapy (RT). The minor will allow non-majors to take a package of courses that may prepare them to take the certification exam and work as a recreation therapist.

**D. Demand**

Explain the need for the new minor (e.g., market, student demand, interdisciplinary considerations).

The program provides many of the courses students need to take the certification exam. It will be especially attractive to students in Health Sciences, Exercise and Wellness, Kinesiology, Medical Studies, and others as it provides a certification and a clear career path. Those majors already include some of the required courses for certification other than the recreation therapy courses, such as Human Anatomy and Physiology. There is demand for recreation therapists and our students are generally employed rapidly. We have had a high level of success with students passing the certification exam.

**E. Projected enrollment**

What are enrollment projections for the first three years?

	<b>1<sup>st</sup> Year</b>	<b>2<sup>nd</sup> Year</b> (Yr. 1 continuing + new entering)	<b>3<sup>rd</sup> Year</b> (Yr. 1 & 2 continuing + new entering)
Number of Students (Headcount)	10	20	35

**2. Support and Impact**

**A. Faculty governance**

Attach a supporting letter from the chair of the academic unit verifying that the proposed minor has received faculty approval through appropriate governance procedures in the unit and that the unit has the resources to support the minor as presented in the proposal, without impacting core program resources.

**B. Other related programs**

Identify other related ASU programs and outline how the new minor will complement these existing ASU programs. (If applicable, statements of support from potentially affected academic unit administrators need to be included with this proposal submission.)

Other allied health professions programs offered by the College of Health Solutions are related to this minor, primarily Health Sciences, Exercise and Wellness, Kinesiology and Medical Studies. This minor will offer those students a package of classes that can result in a certification and a related career path.

C. Letter(s) of support

Provide a supporting letter from each college/school dean from which individual courses are taken.

N/A

**3. Academic Curriculum and Requirements**

A. Knowledge, competencies, and skills

List the knowledge, competencies, and skills (learning outcomes) students should have when they complete this proposed minor. Examples of program learning outcomes can be found at (<http://www.asu.edu/oue/assessment.html>).

Outcome 1. Students graduating from the recreation therapy program will apply principles of therapeutic recreation in client services/treatment using effective written and oral communication.

Measure 1.1 Students in PRM 406 Program Design and Administration in Recreation Therapy will complete a comprehensive written program plan.

Performance Criteria 1.1 80% of students will achieve a 75% or better on the assignment as evaluated by the course instructor.

Measure 1.2 Students in PRM 460 Assessment and Documentation in Recreation Therapy will conduct a presentation communicating the key components of recreation therapy assessments.

Performance Criteria 1.2 80% of students will achieve a 75% or better on the assignment as evaluated by the course instructor.

Outcome 2. Students graduating from the recreation therapy program will demonstrate evidence-based service/treatment techniques and their theoretical backgrounds.

Measure 2.1 Students in PRM 364 Foundations of Therapeutic Recreation will will write a recreation therapy resource guide.

Performance Criteria 2.1 80% of students will achieve a 75% or better on the assignment as evaluated by the course instructor.

Measure 2.2 Students in PRM 400 Intervention in Recreation Therapy will develop an evidence-based protocol for a client.

Performance Criteria 2.2 80% of students will achieve a 75% or better on the assignment as evaluated by the course instructor.

B. Program Map

Attach a copy of the “proposed” map for this minor program. Instructions on how to create a “proposed minor map” in [BAMM](#) can be found in the [Build a Major Map Training Guide](#).

C. Curricular structure

Provide a description of the curricular requirements for the minor. Be specific in listing required courses as well as electives and specify the total minimum number of hours required for the minor.

Required Minor Courses				
Prefix	Number	Title	Is this a new course?	Credit Hours
PRM	364	Foundations of Recreation Therapy	No	3
PRM	400	Intervention Techniques in Recreation Therapy	No	3
PRM	406	Program Design & Administration in Recreation Therapy	No	3
PRM	460	Assessment & Documentation in Recreation Therapy	No	3

<i>Section sub-total:</i>				12
<b>Elective Minor Courses</b>				
Prefix	Number	Title	Is this a new course?	Credit Hours
		Upper division recreation therapy elective, choose one: PRM 413 Leadership and Professional Development in Recreation Therapy PRM 494 Topic: Advocacy in Recreation Therapy PRM 494 Topic: Therapeutic Recreation and Community Health	No	3
		One of the following: CRD 302 Inclusive Community Development NLM 310 Volunteer Management PRM 120 Leisure and the Quality of Life PRM 203 Program Planning PRM 335 Sports and Recreation for Youth Development PRM 384 Recreational Therapy Practicum PRM 494 Topic: Inclusive and Adaptive Sports and Recreation	No	3
<i>Section sub-total:</i>				
<b>Other Minor Requirements</b>				
E.g. – Capstone experience, internship, clinical requirements, field studies, foreign language skills as applicable				<b>Credit Hours</b>
<i>Section sub-total:</i>				
<b>Total minimum credit hours required for the minor</b>				<b>18</b>

D. Minimum residency requirement  
How many hours of the minor must be ASU credit?

15

E. New courses  
Provide a brief course description for each new course.

N/A

*Note: All new required courses should be submitted in Curriculum Changemaker and ready for Provost’s Office approval before this certificate is put on Curriculum and Academic Programs Committee (CAPC) agenda.*

**4. Administration and Resources**

**A. Enrollment criteria**

Describe the procedures and any qualifications for enrollment in the minor.

Any student admitted to ASU is qualified for the minor.

**B. Administration**

How will the proposed minor be administered (including enrollment, student advisement, retention, minor completion verification, etc.)?

SCRD's advising staff are prepared to handle all aspects of minor administration.

**C. Resources**

What are the resource implications for the proposed minor, including any projected budget needs? Will new books, library holdings, equipment, laboratory space and/or personnel be required now or in the future? If multiple units/programs will collaborate in offering this minor, please discuss the resource contribution of each participating program. Letters of support must be included from all academic units that will commit resources to this minor.

No additional resources are needed.

**D. Primary faculty**

List the primary faculty participants regarding this proposed certificate. For interdisciplinary certificates, please include the relevant names of faculty members from across the University.

<b>Name</b>	<b>Title</b>	<b>Area(s) of Specialization as they relate to proposed certificate</b>
Kelly Ramella	Associate Instructional Professional	Recreation Therapy, Inclusive Communities, Volunteer Management
Eric Legg	Assistant Professor	Sports and Recreation for Youth Development
Megha Budruk	Associate Professor	Leisure and Quality of Life
Sandra Price	Lecturer	Inclusive Communities, Volunteer Management

**5. Additional Materials**

**A. Appendix**

Complete and attach the Appendix document.

**B. Program of study**

Provide one or more model programs of study (if appropriate).

**C. Attach other information that will be useful to the review committees and the Office of the Provost.**

APPENDIX  
OPERATIONAL INFORMATION FOR MINORS

(This information is used to populate the Degree Search/catalog website.  
Please consider the student audience in creating your text.)

**1. Proposed Minor Name:** Recreation Therapy**2. Marketing Description**

*Optional. 50 words maximum. The marketing description should not repeat content found in the program description.*

There is a rising need for recreation therapy specialists with extensive knowledge of clinical settings. This program provides students the knowledge and skills necessary to become a certified recreation therapy specialist and to be competitive in this field.

**3. Program Description (150 words maximum)**

The curriculum of the minor in recreation therapy prepares students with the skills to provide therapeutic interventions and adaptive recreation services for individuals with illnesses or disabling conditions. Students develop knowledge and skills to assess individuals, develop plans of service, provide diverse therapeutic interventions, and evaluate and document outcomes of care, and they gain competencies to effectively provide comprehensive therapeutic recreation services including program design and evaluation, individual and group service provision, and advocating for individuals served. The program prepares students for a variety of clinical settings.

**4. Contact and Support Information**

Building code and room number: ( <a href="#">Search ASU map</a> )	UCENT 550
Program office telephone number: ( <i>i.e.</i> 480/965-2100)	602/496-0550
Program Email Address:	scrd@asu.edu
Program Website Address:	<a href="https://scrd.asu.edu">https://scrd.asu.edu</a>

**5. Program Requirements**

Remember to attach a copy of the “proposed” map for this minor program. Instructions on how to create a “proposed minor map” in [BAMM](#) can be found in the [Build a Major Map Training Guide](#).

**6. Enrollment Requirements**

If applicable, list any special enrollment requirements applicable to this minor in addition to the standard text. Enrollment requirements for all minors include the following text.

**GPA Requirement:** 2.50

**Majors Ineligible to Add This Minor:** BS in recreation therapy; BS in parks and recreation management (therapeutic recreation)

**Other Enrollment Requirements:**

Current ASU undergraduate students may pursue a minor and have it recognized on their ASU transcript at graduation. Students interested in pursuing a minor should consult their academic advisor to declare the minor and to ensure that an appropriate set of courses is taken. Minor requirements appear on the degree audit once the minor is added. Certain major and minor combinations may be deemed inappropriate by the college or department of either the major program or the minor. Courses taken for the minor may not count toward both the major and the minor. Students should contact their academic advisor for more information.

**7. Delivery/Campus Information Options:**

On-campus only (ground courses and/or iCourses)

*Note: Once students elect a campus or online option, students will not be able to move between the on-campus and the ASU Online options. Approval from the Office of the University Provost and Philip Regier (Executive Vice Provost and Dean) is required to offer programs through ASU Online. Please contact Ed Plus then complete the ASU Online Offering form in Curriculum ChangeMaker to begin this request.*

**8. Campus/Locations** indicate all locations where this program will be offered.

Downtown Phoenix     Polytechnic     Tempe     Thunderbird     West     Other: \_\_\_\_\_

# RPEPEJR

The recreational therapy minor requires completion of 18 credit hours, twelve credit hours of required courses and six credit hours of elective courses.

## **Core Courses -- 12 credit hours**

PRM 364: Foundations of Recreation Therapy (SB) (3)

PRM 406: Program Design & Administration in Recreation Therapy (3)

**Notes:** Spring Only

PRM 400: Intervention Techniques in Recreation Therapy (3)

**Notes:** Fall Only

PRM 460: Assessment & Documentation in Recreation Therapy (3)

**Notes:** Spring Only

## **Therapeutic Recreation Elective -- 3 credit hours**

PRM 494: Therapeutic Recreation and Community Health (3)

**Notes:** Spring Only

PRM 413: Leadership and Professional Development in Recreation Therapy (3)

PRM 494: Advocacy in Recreational Therapy (3)

## **Elective -- 3 credit hours**

PRM 120: Leisure and the Quality of Life (SB) (3)

PRM 203: Program Planning (3)

CRD 302: Inclusive Community Development (C) (3)

NLM 310: Volunteer Management (3)

PRM 335: Sports and Recreation for Youth Development (3)

**Notes:** Spring Only

PRM 384: Recreation Therapy Practicum (3)

PRM 494: Inclusive and Adaptive Sports and Recreation (3)

**Notes:** Fall Only

Depending on a student's undergraduate program of study, prerequisite courses may be needed in order to complete the requirements of this minor.



October 25, 2017

Curriculum Review Committee:

This is to confirm that the faculty of the School of Community Resources and Development support the new major and minor in Recreation Therapy. The School has the resources to support the program.

Sincerely,

A handwritten signature in black ink, appearing to read "Kath Andereck", with a long horizontal flourish extending to the right.

Kathleen Andereck  
Director and Professor

**From:** [Frederick Corey](#)  
**To:** [Kathleen Andereck](#)  
**Cc:** [Duane Roen](#); [Jacqueline Martinez](#); [Richard Bauer](#); [Jared Vibbert](#)  
**Subject:** Recreation Therapy  
**Date:** Saturday, October 28, 2017 5:44:09 PM

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Dear Kathy,

On behalf of Duane Roen, Dean of the College of Integrative Sciences and Arts, I am pleased to support the major and minor in Recreation Therapy. This will be a vitally important addition to ASU's offerings in the area of health and wellness, and it will be of great interest to students who are investigating majors in our Exploratory Health and Life Sciences program.

Professors Jacqueline Martinez and Richard Bauer support the inclusion of PSY 101 Introduction to Psychology, PSY 366 Abnormal Psychology, COM 225 Public Speaking, BIO 201 and 202 Human Anatomy and Physiology I and II, and CDE 232 Human Development in the degree program. We appreciate the advance notice.

We extend our very best wishes for the success of the forthcoming BS in Recreation Therapy.

Thanks,

Fred

Frederick C. Corey, PhD  
Vice Provost for Undergraduate Education  
Arizona State University

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**From:** Kathleen Andereck  
**Sent:** Friday, October 20, 2017 1:19 PM  
**To:** Duane Roen <[Duane.Roen@asu.edu](mailto:Duane.Roen@asu.edu)>  
**Cc:** Lori Bello <[Lori.Bello@asu.edu](mailto:Lori.Bello@asu.edu)>; Jared Vibbert <[Jared.Vibbert@asu.edu](mailto:Jared.Vibbert@asu.edu)>  
**Subject:** new program

Hi Duane,

We currently have a degree in Parks and Recreation with a Recreation Therapy concentration. We are proposing that Recreation Therapy become its own degree as well as adding a minor. Toward that end, I am requesting a couple of things from you. First is an impact statement to let us know if you have any concerns about the degree. Second is your support for the inclusion of some of CISA's classes into our degree, most of which are required so the students can take their certification exam.

Those courses include:

PSY 101 Introduction to Psychology  
PSY 366 Abnormal Psychology

COM 225 Public Speaking  
BIO 201 and 202 Human Anatomy and Physiology I and II  
CDE 232 Human Development

Thanks much.  
Kathy

Kathleen Andereck, Ph.D.  
Director and Professor  
School of Community Resources and Development  
Arizona State University  
411 N. Central Avenue, Ste. 550  
Phoenix, AZ 85004  
[kandereck@asu.edu](mailto:kandereck@asu.edu)  
scrd.asu.edu

**From:** [Christopher Wharton](#)  
**To:** [Kathleen Andereck](#)  
**Cc:** [Joseph Marsit](#)  
**Subject:** Recreation Therapy Degree  
**Date:** Wednesday, November 1, 2017 5:24:08 AM

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Hi Kathy,

I've had a chance to discuss this with my faculty and from an impact perspective, we so no concerns with overlap or conflict with our own degrees. They did, however, have recommendations for the types of courses you might include from EXW. Specifically, while EXW 100 would be a good fit, EXW 101 is a foundations course for students in the EXW major. We explore careers, options, do research introduction work, etc. Also, EXW 102 is a class to help prepare students to be on track for the CHES option in our school. As such, these might not be perfect fits.

From an upper division perspective, EXW 315/316 can work but those classes are often fill quickly (although we'd be happy to look into the possibility of opening up more seats). EXW 335 might be a good addition as an alternative. It is a course designed for the physical activity and health education professional focusing on application of basic exercise physiology and nutritional concepts in the design and implementation of exercise and physical activity programs to increase physical function and improve health risk factors. Also, 325 could be a good fit as it includes analysis of physical fitness and benefits of exercise with emphasis on application of strategies for fitness and wellness evaluation, behavior change, and lifelong program planning. Both 335 and 325 are online.

I'm cc'ing Joe Marsit, our degree coordinator for EXW, who has offered to talk with you if you like regarding the types of courses you might include. Please feel free to speak directly with him if you have more questions on courses. Thanks for reaching out to us.

Sincerely,  
Chris

**Christopher Wharton, PhD**  
**Interim Director, School of Nutrition and Health Promotion**  
Associate Professor, Nutrition Program  
College of Health Solutions  
Director, Food Systems Transformation Initiative  
**Arizona State University**  
p: [602-827-2773](tel:602-827-2773) f: [602-827-2253](tel:602-827-2253) c: [480-220-6586](tel:480-220-6586)  
[cwharton@asu.edu](mailto:cwharton@asu.edu)

ABC-1  
425 North 5th Street  
Phoenix, AZ 85004

**From:** [Alison Essary](#)  
**To:** [Kathleen Andereck](#)  
**Subject:** Re: impact statement  
**Date:** Friday, October 27, 2017 3:06:28 PM

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Dr. Andereck,

Thank you for your email, and for the opportunity to participate in the degree and minor in Recreation Therapy.

We are supportive of the degree itself, and of a minor in the discipline.

We also support the inclusion of any coursework from the School for the Science of Health Care Delivery (HCD/HSC/MED prefixes).

Examples may include (available in immersion and online formats):

HCD 320 - Applied Health Care Ethics

HCD 210 - Cultural Aspects of Health

HCD 310 - Health Communication

Many thanks for reaching out and best of luck!

Alison

Alison C. Essary, DHSc, MHPE, PA-C  
Director of Strategic Academic Initiatives, College of Health Solutions  
Interim Director | Clinical Professor, School for the Science of Health Care Delivery  
Faculty, Barrett, the Honors College  
College of Health Solutions  
550 North 3rd Street | Phoenix, AZ 85004  
Ph: 602.496.0843 | [Alison.Essary@asu.edu](mailto:Alison.Essary@asu.edu)

On Oct 27, 2017, at 2:55 PM, Kathleen Andereck <[kandereck@asu.edu](mailto:kandereck@asu.edu)> wrote:

Hello Allison,

I think you are the correct person to send this to. We currently have a degree in Parks and Recreation with a Recreation Therapy concentration. We are proposing that Recreation Therapy become its own degree as well as adding a minor. Toward that end, I am requesting a couple of things from you. First is an impact statement to let us know if you have any concerns about the degree and/or minor. Second is your support for the inclusion of some of your school's classes into our degree. We are trying to make the stand alone degree more clinical in nature than the concentration. Those courses include:

HCR 210 Clinical Health Care Ethics

HCR 230 Culture and Health

And a choice of one of:

EXW 100 Introduction to Health and Wellness

EXW 101 Foundations in Exercise Science and Wellness

EXW 102 Principles and Foundations of Health Education and Health Promotion

EXW 315/361 Physiological Foundations of Movement + Lab (assuming students have the pre reqs.)

Thanks much.

Kathy

Kathleen Andereck, Ph.D.  
Director and Professor  
School of Community Resources and Development  
Vice Dean  
HNU-ASU International Tourism College  
Arizona State University  
411 N. Central Avenue, Ste. 550  
Phoenix, AZ 85004  
[kandereck@asu.edu](mailto:kandereck@asu.edu)  
[scrd.asu.edu](http://scrd.asu.edu)

**From:** [Julie Liss](#)  
**To:** [Kathleen Andereck](#)  
**Subject:** Re: impact statement  
**Date:** Tuesday, October 31, 2017 1:01:27 PM

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Hi Kathleen,

First of all, this is a much needed degree and CHS is in full support. If, in addition to courses, you would like to forge deeper involvement with CHS please let us know. If Alison and Chris support the courses listed below for the major map, I also support.

Thanks and best wishes to you!

Julie

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**From:** Kathleen Andereck <kandereck@asu.edu>  
**Date:** Tuesday, October 31, 2017 at 12:22 PM  
**To:** Julie Liss <JULIE.LISS@asu.edu>  
**Subject:** FW: impact statement

Hi Julie,

Alison let me know that you are the person to contact about a support email for our new programs in Recreation Therapy. We currently have a degree in Parks and Recreation with a Recreation Therapy concentration. We are proposing that Recreation Therapy become its own degree as well as adding a minor. We are trying to make the stand alone degree more clinical in nature than the concentration. I am requesting an impact statement to let us know if you have any concerns about the degree and/or minor. Second is your support for the inclusion of some of your college's classes into our degree. I have also received Alison's support and have sent an email to Christopher for the EXW classes. The courses we would like to include are:

HCR 210 Clinical Health Care Ethics

HCR 230 Culture and Health

And a choice of one of:

EXW 100 Introduction to Health and Wellness

EXW 101 Foundations in Exercise Science and Wellness

EXW 102 Principles and Foundations of Health Education and Health Promotion

EXW 315/361 Physiological Foundations of Movement + Lab (assuming students have the pre reqs.)

Thanks much.

Kathy

Kathleen Andereck, Ph.D.  
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