

1.) DATE: 03/30/2014	2.) COMMUNITY COLLEGE: Pima Community College
3.) COURSE PROPOSED: Prefix: PSY Number: 265 Title: NORMAL PERSONALITY Credits: 3	
CROSS LISTED WITH: Prefix: Number: ; Prefix: Number: ; Prefix: Number: ;	
Prefix: Number: ; Prefix: Number: ; Prefix: Number: ;	
4.) COMMUNITY COLLEGE INITIATOR: ASU TRANSFER SYSTEMS DEVELOPMENT PHONE:	
7-2424 FAX:	
ELIGIBILITY: Courses must have a current Course Equivalency Guide (CEG) evaluation. Courses evaluated as NT (non-transferable are not eligible for the General Studies Program.	
MANDATORY REVIEW:	
<input type="checkbox"/> The above specified course is undergoing Mandatory Review for the following Core or Awareness Area (only one area is permitted; if a course meets more than one Core or Awareness Area, please submit a separate Mandatory Review Cover Form for each Area).	
POLICY: The General Studies Council (GSC-T) Policies and Procedures requires the review of previously approved community college courses every five years, to verify that they continue to meet the requirements of Core or Awareness Areas already assigned to these courses. This review is also necessary as the General Studies program evolves.	
AREA(S) PROPOSED COURSE WILL SERVE: A course may be proposed for more than one core or awareness area. Although a course may satisfy a core area requirement and an awareness area requirement concurrently, a course may not be used to satisfy requirements in two core or awareness areas simultaneously, even if approved for those areas. With departmental consent, an approved General Studies course may be counted toward both the General Studies requirements and the major program of study.	
5.) PLEASE SELECT EITHER A CORE AREA OR AN AWARENESS AREA:	
Core Areas: Social and Behavioral Sciences (SB) Awareness Areas: Select awareness area...	
6.) On a separate sheet, please provide a description of how the course meets the specific criteria in the area for which the course is being proposed.	
7.) DOCUMENTATION REQUIRED	
<input checked="" type="checkbox"/> Course Description	
<input checked="" type="checkbox"/> Course Syllabus	
<input checked="" type="checkbox"/> Criteria Checklist for the area	
<input checked="" type="checkbox"/> Table of Contents from the textbook required and/or list or required readings/books	
<input checked="" type="checkbox"/> Description of how course meets criteria as stated in item 6.	
8.) THIS COURSE CURRENTLY TRANSFERS TO ASU AS:	
<input checked="" type="checkbox"/> DECPSY prefix	
<input type="checkbox"/> Elective	
Current General Studies designation(s): NONE	
Effective date: Select semester... Course Equivalency Guide	
Is this a multi-section course? <input type="checkbox"/> yes <input type="checkbox"/> no	
Is it governed by a common syllabus? <input type="checkbox"/> yes <input type="checkbox"/> no	
Chair/Director:	Chair/Director Signature:

AGSC Action: Date action taken: Approved Disapproved

Effective Date:

Arizona State University Criteria Checklist for
SOCIAL AND BEHAVIORAL SCIENCES [SB]

Rationale and Objectives

The importance of the social and behavioral sciences is evident in both the increasing number of scientific inquiries into human behavior and the amount of attention paid to those inquiries. In both private and public sectors people rely on social scientific findings to assess the social consequences of large-scale economic, technological, scientific, and cultural changes.

Social scientists' observations about human behavior and their unique perspectives on human events make an important contribution to civic dialogue. Today, those insights are particularly crucial due to the growing economic and political interdependence among nations.

Courses proposed for General Studies designation in the Social and Behavioral Sciences area must demonstrate emphases on: **(1)** social scientific theories and principles, **(2)** the methods used to acquire knowledge about cultural or social events and processes, and **(3)** the impact of social scientific understanding on the world.

Proposer: Please complete the following section and attach appropriate documentation.

ASU--[SB] CRITERIA			
A SOCIAL AND BEHAVIORAL SCIENCE [SB] course should meet all of the following criteria. If not, a rationale for exclusion should be provided.			
YES	NO		Identify Documentation Submitted
<input checked="" type="checkbox"/>	<input type="checkbox"/>	1. Course is designed to advance basic understanding and knowledge about human interaction.	Course outline and sample syllabus
<input checked="" type="checkbox"/>	<input type="checkbox"/>	2. Course content emphasizes the study of social behavior such as that found in: <ul style="list-style-type: none"> • ANTHROPOLOGY • ECONOMICS • CULTURAL GEOGRAPHY • HISTORY 	Course outline and sample syllabus
<input checked="" type="checkbox"/>	<input type="checkbox"/>	3. Course emphasizes: a. the distinct knowledge base of the social and behavioral sciences (e.g., sociological anthropological). OR b. the distinct methods of inquiry of the social and behavioral sciences (e.g., ethnography, historical analysis).	Course outline and sample syllabus
<input checked="" type="checkbox"/>	<input type="checkbox"/>	4. Course illustrates use of social and behavioral science perspectives and data.	Course outline and sample syllabus
		THE FOLLOWING TYPES OF COURSES ARE EXCLUDED FROM THE [SB] AREA EVEN THOUGH THEY MIGHT GIVE SOME CONSIDERATION TO SOCIAL AND BEHAVIORAL SCIENCE CONCERNS:	
		<ul style="list-style-type: none"> • Courses with primarily fine arts, humanities, literary, or philosophical content. • Courses with primarily natural or physical science content. • Courses with predominantly applied orientation for professional skills or training purposes. • Courses emphasizing primarily oral, quantitative, or written skills. 	

Course Prefix	Number	Title	Designation

Explain in detail which student activities correspond to the **specific** designation criteria. Please use the following organizer to explain how the criteria are being met.

Criteria (from checksheet)	How course meets spirit (contextualize specific examples in next column)	Please provide detailed evidence of how course meets criteria (i.e., where in syllabus)
1: Course is designed to advance basic understanding of human interaction.	Course examines the development of normal behaviors and coping, including the development of normal behaviors with respect to peer interactions, relationships, work, and wellness.	Page 1 Objectives: 1-12.
3: Course emphasizes unique knowledge base or distinct methods of inquiry in the social and behavioral sciences.	Course emphasizes unique knowledge base of behavioral science by requiring students to utilize the knowledge base for presentations and papers.	Page 5-6: Presentation, Activity Papers
4: Course illustrates use of social and behavioral science perspectives and data.	Course examines topics such as sexuality, stress, relationships, death, and life stage development from a behavioral science perspective.	Page 1-2 Outline: I-XII.

Course Content Form

PIMA COMMUNITY COLLEGE

Start Term: 201420

PSY 265 Normal Personality

Initiator: Olga Carranza
Campus: Desert Vista
Date: 03/07/2013

CEU/Credit Hours: 3.00
Lecture Periods: 3.00
Lab Periods:

Description:

Psychological functioning and coping behaviors for normal personality development. Includes personal learning and growth, stages of personality development, role development, work and leisure, wellness, and managing stress. Also includes love, sexuality, relationships, loneliness and solitude, death and loss, and meaning and values.

Prerequisite: PSY 100A or 101.

Information: Prerequisite may be waived with consent of instructor before enrolling in the class.

Performance Objectives:

Upon successful completion of the course, the student will be able to:

1. Discuss personal life choices and learning styles.
2. Explore life span development from childhood to late adulthood.
3. Identify male and female stereotypes.
4. Apply decision-making steps to choosing work and leisure activities.
5. Identify the components of a balanced life.
6. Describe major sources of stress and how to effectively cope.
7. Identify philosophies on love by writers such as Buscaglia, Fromm, Hodge, and Gibran.
8. Differentiate between sensuality and sexuality.
9. Identify the components of a healthy and loving relationship.
10. Discuss the advantages and disadvantages of loneliness and solitude.
11. Apply current theories of death and loss to life stage development.
12. Identify and explore the theories of writers such as May, Moustakas, Jourard, Frankl, and Yalom.

Outline:

- I. Personal Learning and Growth
 - A. Choice and change
 - B. Multiple learning styles
- II. Stages of Personality Development
 - A. Childhood and adolescence
 - B. Adulthood and autonomy
- III. Role Development
 - A. Male roles
 - B. Female roles
 - C. Expectations
- IV. Work and Leisure
 - A. Choosing an occupation
 - B. Changing careers
 - C. Balancing work and leisure

- V. Wellness
 - A. Life choices
 - B. Self-understanding
- VI. Managing Stress
 - A. Sources of stress
 - B. Effects of stress
 - C. Constructive responses to stress
- VII. Love
 - A. Barriers to loving and being loved
 - B. Learning to love and appreciate ourselves
 - C. Authentic love
- VIII. Sexuality
 - A. Myths and misconceptions about sexuality
 - B. Developing your own sexual values
- IX. Relationships
 - A. Developing meaningful relationships
 - B. Dealing with communication blocks
- X. Loneliness and Solitude
 - A. Valuing loneliness and solitude
 - B. Confronting loneliness and solitude
- XI. Death and Loss
 - A. Death and the meaning of life
 - B. Coping with death and loss
 - C. Suicide prevention
 - D. Psychological and social death
- XII. Meaning and Values
 - A. Search for identity
 - B. Embracing diversity

**PSYCHOLOGY 265: NORMAL PERSONALITY
CRN 12991**

Fall 2013 (09/10/13-12/20/2013)
Tuesday & Thursday, 12:00-1:25PM
West Campus: Rincon Building F126
Instructor: David Purkiss
Office Hours: By appointment only
Email: dpurkiss@pima.edu
Phone: (520) 206-4746

Required Texts:

Santrock, J.W. (2006). *Human Adjustment*. New York: McGraw Hill.
This book is also available for your tablet, iPad and Kindle. Check CourseSmart.com or CafeScribe.com for this book.

Prerequisite Recommendation:

Completion of PSY 100A or PSY 101 before enrolling in this class.

Course Description:

This course will cover the psychological functioning and coping behaviors for normal personality development. Topics include personal learning and growth, stages of personality development, role development, work and leisure, wellness, and managing stress. In addition, this course includes love, sexuality, relationships, loneliness and solitude, death and loss, and meaning and values.

Course Performance Objectives: Upon successful completion of the course, the student will be able to:

1. Discuss personal choices and learning styles.
2. Define stages of personality development in childhood, adolescence, and adulthood.
3. Identify male and female stereotypes.
4. Apply decision-making steps to choosing work and leisure activities.
5. Identify the components of a balanced life.
6. Describe major sources of stress and how effectively responds to stress.
7. Identify some of the thoughts on love by writers such as Buscaglia and Fromm.
8. Differentiate between sensuality and sexuality.
9. Identify the components of a healthy relationship.
10. Discuss the advantages and disadvantages of loneliness and solitude.
11. Apply current theories of death and loss to life stage development.
12. Identify some of the thoughts on meaning by writers such as May, Moustakas, Jourard, Frankl and Yalom.

Attendance

Attendance is important for you to understand the course material. Please make sure you sign the attendance sheet. This attendance sheet will be passed around class each time and will be available until 10 minutes past the class start time. It is your responsibility to make sure you sign to be recognized as in attendance. You will not earn points for attendance. However, you will earn credit for participation in class activities and may receive extra credit assignments. You will not be able to make up these assignments or receive this extra credit if you are not in attendance. You can also earn 20 points for in-class activities. It is critically important to be on time and to sign the attendance sheet on those days. You will not receive credit for arriving more than 10 minutes late on those days. If you have missed more than five classes (excused or not) prior to Oct 11th, I will withdraw you from the course (unless we have made prior arrangements concerning the absences). The last day for you to withdraw from the course is November 15th. If you are not passing the course after that date and do not withdraw on your own and continue to fail the course, your final grade will result in an F. A Withdraw or W granted after the student date of withdraw is only granted on a case by case basis; you must contact me to have me consider your situation under this circumstance. Incompletes are also decided on a case by case basis and will only be awarded if you have attended the course 70% of the time, completed 70% of the material, and have at least a 70% in the course. Please note PCC now collects attendance data earlier in the semester and reports to the DOE who is actually attending class prior to our 45th day reports!

Assignments

Please type all written assignments unless otherwise specified; handwritten assignments will not be accepted. A 10%, **per day**, grade deduction for all late assignments will be assessed. Assignments submitted more than five days late **will not be accepted** unless you make special arrangements. Spelling, punctuation, grammar and organization of material COUNT in every written assignment. Papers will have a title page, one-inch margins, 12-point font, double-spaced, and in **APA format only**. You lose points for any other format. Also, include an introduction and conclusion paragraph. Submit assignments by email attachment no later than noon on the date they are due. Assignments sent in the body of an email will not be accepted!

In Class Activities -- 20 points

On various, unannounced days, you will have the opportunity to participate in class activities. You can earn two to five points for different activities. You can earn up to 20 points during the semester. If you miss a class when an in-class activity happens, you cannot make up those points. Beware!!! If there is a day when many students are absent, I may give 2 to 5 points credit for that day. In addition, if students are coming to class consistently late, I may pass the attendance sheet, collect it after 10 minutes and give points for on-time attendance that day. Arriving for class late is disruptive and is not advised. If you are out due to an illness or other unforeseeable issue, please communicate with your instructor prior to the beginning of the class.

Journal – 10 points

Create a journal for this class. Make your journal an account of your reactions to class activities, discussion and readings. Your reactions may take the form of new insights, questions, observations about related events in your life, social commentary, as they apply to course material. The purpose of the journal is to apply the learning of each week of class to your personal lives. It is an opportunity to communicate with your instructor privately. It is NOT a report about what happened in class, class notes, an outline of the reading, or information from your presentation. ~~Keep your journal on loose leaf sheets in a cardboard folder (not spiral bound or ring binder!!).~~ You may use a composition notebook or spiral notebook for your journals. Please date each journal and make sure your name is on your journal when you hand it in. ~~Journals may be typed or handwritten.~~ You should have a journal entry for each week of class beginning the week of September 16, 2013. Due dates are: October 4, 2013, November 8, 2013, and December 5, 2013. These are the only dates you may turn in journals. If you miss a due date, hold on to your journals and turn them in the next due date. Make sure all journals you wish credit for are turned in by December 5, 2013. No journals will be accepted after that date.

Presentation – 15 points

Prepare a 10-minute oral presentation. Sign up for a topic from the master list. Only one person may present each topic, so signup quickly for the best choices. The instructor will have the master list for signup each class. You must sign-up in class to reserve a topic for yourself. An “other” choice is available if you have a topic you wish to present and it is not one of the choices. Signup for “other” and write in your topic. Instructor permission is required for any topics not listed. Getting class participation will help you meet your 10-minute requirement. PowerPoint presentations are encouraged, but not required. Please, do not type your presentation on your PowerPoint and read that PowerPoint. Presentations are due when the topic you have chosen is scheduled. If you miss the date your presentation is scheduled, you will have to choose a different topic. **Hand in (or email) your references for the presentation. References are worth 1 point.** Note: Please plan your presentation to adhere to the time requirement. You lose points if your presentation is too short or too long. It is important to learn to prepare a presentation to fit a specific time requirement. All presentations must be completed by November 29, 2013. Warning: Do not leave your presentation until the last week. If you are sick or have a personal emergency that week, you will not have an opportunity to make up these points. If you prefer, you may team up with one or more other class members to do your presentation. You will need to choose a larger topic and each member of the team adds five minutes to the presentation. For instance, if you have two people doing a presentation, you will need to meet a time requirement of 15 minutes. If you have three people the time requirement is 20 minutes. I encourage you to include an activity in your presentation. The book publisher shares ideas for activities and I will be happy to share these resources with you if you ask.

Activity Papers – 10 points each

Activities pertain to material covered in specified chapters. Activities are due by the specified due date. Turn in all Activities by that Activity's due date. See LATE ASSIGNMENTS for penalties for late submission of Activities. You must use two outside sources for each Activity assignment. One of those sources may be your textbook and may not include personal communications unless it is from a credentialed source. Please cite those outside references according to APA guidelines. All Activity assignments are 3 to 5 pages, typed in APA Style. Please cite any sources you use in writing up your Activity. Note: Title and Reference pages do not count toward page requirement.

Extra Credit

You will have the opportunity to earn extra credit. Extra credit assignments will be offered during the semester. You must be present during the class to receive the assignment.

GRADES - you can earn up to the following points for each item:

20 points	In Class Activities
15 points	Quizzes
10 points	Journals – graded pass/fail
15 points	Class presentation
40 points	Activity Assignments (10 points each)

100 points Total

A =	90 - 100
B =	80 - 89
C =	70 - 79
D =	60 - 69
F =	59 - ▼

Spelling, punctuation, grammar and organization of material COUNT in every written assignment! Written assignments must be typed. The only format accepted will have a title page, one-inch margins, 12-point font, double-spaced, and APA format only.

SUBMITTING ASSIGNMENTS

Please submit your assignments by email attachment to the instructor. **DO NOT submit any assignment in the body of the email.** Assignments submitted in the body of an email will not be accepted. Only attachments will be accepted. If you do not know how to do an email attachment, speak with me. It is up to you to insure I receive your paper by the due date. If you email your paper, I will respond to your submission within 24 hours. If you do not hear from me, I may not have gotten your assignment. Please contact me and we will figure out what happened.

Important Information

ELECTRONIC DEVICES

You are welcome to use a laptop or tablet to take notes in class; however, please turn off your cell phones for the duration of class. *If you are caught using your cell phone during the class period, you will be asked to leave and marked as absent for that day, thereby losing any possible points for the day.*

DEADLINES:

If you are unable to meet the scheduled deadlines, contact me BEFORE the deadline so we can work something out. If you miss the deadlines without contacting me, you will not be able to make up those points.

LATE ASSIGNMENTS

You will lose 10% of your grade each day your assignment is late, unless you make prior arrangements with me. You have until 11:59PM Arizona time the date the assignment is due to submit that assignment. You will earn no points for assignments submitted more than five days late. If you know you will be absent the day an assignment is due, please make sure to hand it in early.

WITHDRAWALS:

See the catalogue for descriptions of the “W” and “Y” grades. For many reasons, it may be appropriate for a registered student to withdraw from this course. Withdrawals are your responsibility and will not be initiated by the instructor.

45-DAY CENSUS

At 45 days, if you have not completed sufficient coursework or attended class regularly, you will be automatically dropped from the class and receive a “FW.”

INCOMPLETE:

See the catalogue description for the “I” grade. Incompletes are given at the sole discretion of the instructor and each case is judged on individual merit. I will not give an incomplete unless the student experiences extreme, unforeseen and/or unfortunate circumstances, which interrupt their academic progress. (Breaking up with your boyfriend/girlfriend is NOT an extreme circumstance!!!) Also, I will not grant an incomplete unless you have complete a minimum of 75% of the course assignments. You must make an appointment with me to discuss this option.

ADA STATEMENT:

Pima Community College is committed to providing accommodations for qualified individuals with disabilities in a timely and effective manner. To request a reasonable accommodation, students must be registered with the campus Disabled Student Resources (DSR) office. Accommodations will be made based on eligibility determined by Disabled

Student Resources. Services can be requested at any time during the semester. Requesting services well in advance will help to ensure that resources are available when needed. Please contact a DSR office at 206-6688 or DSRhelp@pima.edu.

CONFIDENTIALITY

All journals and papers turned in for this class are treated with the utmost confidentiality. I will not share anything you say in any paper or journal with anyone else. Please see below the exceptions for this confidentiality.

EXCEPTIONS TO CONFIDENTIALITY

According to Arizona Law 13-3620, it is my duty to report any abuse, physical injury, neglect and denial or deprivation of medical or surgical care or nourishment of minors. Please remember that sharing personal information in this class is optional and if that information involves minors or the intent to harm yourself or others (regardless of age), I am obligated by law to report the incident. **This means that I, as your instructor, am required to report to the Pima College Police, if you mention in this course, that as a child you were a victim of sexual abuse, physical abuse, or neglect or know of any child who is currently experiencing any form of abuse.** In addition, I will report if I believe you are a danger to yourself or others.

CHEATING:

If I suspect a student of attempting to cheat or plagiarize assignments, the student will receive an "F" grade on that assignment. The student or students must see me in order to continue with the course. If cheating or plagiarism continues, the student will receive a fail in the course and will be reported as violating Student's Code of Conduct. This includes submitting any assignment, which is not original work. See Plagiarism below. Please see the new Student Code of Conduct

<http://www.pima.edu/studentserv/studentcode/index.shtml>

PLAGIARISM

When writing academic papers it is important to avoid plagiarism. Plagiarism is the result of using someone else's work without proper reference. If I suspect plagiarism, I will run your paper through a plagiarism checker. If you plagiarized substantial parts of your paper, you will receive no credit for the assignment. Whether plagiarism is intentional or unintentional, it is considered a serious academic offense and will result in academic consequences. Listed below are some key areas to remember when writing. Things you should give citations to:

1. Other individual's work.
2. Facts that are not common knowledge
3. Any information coming from a book, article, movie, personal communication, or professional document.
4. All work that is paraphrased from an outside source
5. Direct quotes

Things you do not need to give citations to:

1. Your own thoughts and observations.
2. Common knowledge-information on subjects that are well known. If you are not sure if the information is common knowledge, you should acknowledge a source.

Citations must be included in the text of your paper as well as a separate reference page.

Remember, when in doubt, cite it!

Tentative Lecture and Reading List: *Subject to change*

Week	Readings	Outline	Important Dates
Sep. 10		Review of Syllabus and course assignments Introductions	
Sep. 12	Chapter 1	Adjusting to Life	
Sep. 17 & 19	Chapter 2	Personality	Sep. 24 – Activity 1 due
Sep. 24 & 26	Chapter 3	The Self, Identity and Values	Oct. 1 – Activity 2 due
Oct. 1 & 3	Chapter 4	Stress	Oct. 3 – Journals due
Oct. 8 & 10	Chapter 5	Coping	
Oct. 15 & 17	Chapter 6	Social Thinking, Identity, and Intergroup relations	Oct. 17 – Activity 3 due
Oct. 22 & 24	Chapter 7	Communicating Effectively	Oct. 24 – Activity 4 and 5 due
Oct. 29 & 31	Chapter 8	Friendship and Love Relationships	
Nov. 5 & 7	Chapter 9 Chapter 11	Adult Lifestyles Emerging Adulthood, Adult Development and Aging	Nov. 7 – Activity 6 due
Nov. 12 & 14	Chapter 10	Achievement, Careers and Work	Nov. 14 – Activity 7 and 8 due
Nov. 18 & 19	Chapter 12	Gender	
Nov. 26	Chapter 13	Sexuality	
Dec. 3 & 5	Chapter 15	Therapies	Nov. 26 – Activity 9 and 10 due On or before Dec. 5 – Journals due
Dec. 10 & 12	Chapter 16	Health	Dec. 10 – Last day to hand in extra credit Dec. 7– Activity 11 due
Dec. 17 & 19		TBD	Dec. 17 – Last day to complete presentation