

Clinical Psychology Center

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Giving

Established in 1959 as an outpatient clinic and training facility for doctoral students in clinical psychology, the mission of the **Clinical Psychology Center (CPC)** is to provide outstanding service to our clients using evidence based best practices. Our location is the [University Center Bldg A, Suite 116](#) just east of Rural Road at 1100 E. University Drive, Tempe.

Contact Info

Phone: 480-965-7296 Fax: 480-965-2972

Address: Clinical Psychology Center, PO Box 877404, Tempe, AZ 85287-7404

E-mail [Note](#): messages are read by the office staff and are not secure; discretion is advised.

Specialty Teams

Staff

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CPC Specialty Teams

Outpatient therapy is available to children, adolescents and adults and is provided for a broad range of problems including anxiety, depression, family problems, stress, child behavior problems, relationship problems, anger issues, ADHD, sleeping disorders, and adjustment to chronic health problems. The CPC also offers psychological evaluations and specialized groups for social skills training, sleep disturbances, and teen depression.

Our child and family team specializes in:

- child anxiety and/or mood disorder
- family therapy
- ADHD - including evaluation and behavioral intervention
- parent-child communication and effective discipline
- divorce adjustment in low conflict families
- reducing tantrums
- improving ability to follow directions
- social skills training
- Teen Cope - for Parents and Teens

Our health and wellness team specializes in the treatment of:

- depression or anxiety associated with adjusting to a medical diagnosis
- headache/migraine, back pain, or other chronic pain symptoms
- stress related to a cancer diagnosis or any medical condition complicated by stress
- fatigue
- sleep disorders