



ASU Counseling Services

ASU Counseling Services offers confidential, time-limited, counseling and crisis services for students experiencing emotional concerns, problems in adjusting, and other factors that affect their ability to achieve their academic and personal goals. We will talk with you, help you identify solutions or support, and connect you with those services at ASU or in the community.

Ready to talk to ASU Counseling Services? Just call or walk-in to any [location](#).

ASU Counseling Services are for any Sun Devil, regardless of your race, gender, sexual orientation, age, student status, religion, ability, size, financial situation, the issue you're dealing with or whether you've had counseling before. Something as simple as talking to someone can help you feel better, improve your grades and manage stress.

[Important announcement for students](#)

[Important announcement for faculty and staff](#)

Support is available 24/7.

During business hours, come to any of the [four campus locations](#) or call and ask to speak with a counselor. No appointment necessary.

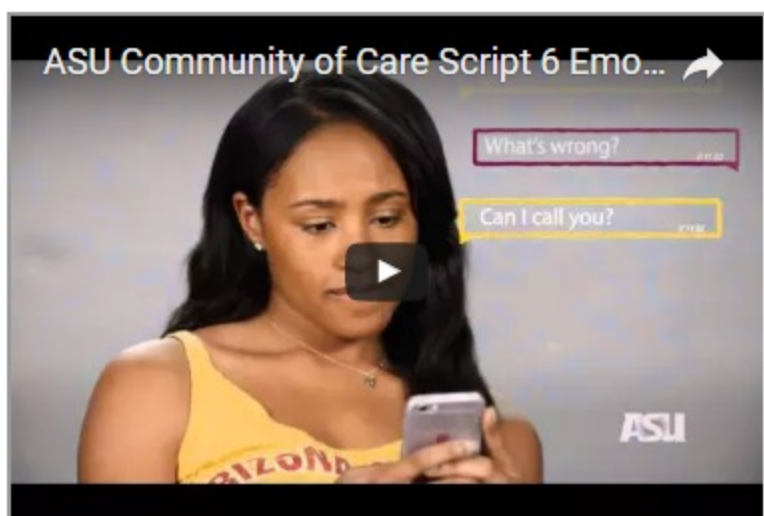
Monday-Friday, 8 a.m. - 5 p.m.

Downtown Phoenix: 602-496-1155
 Polytechnic: 480-727-1255
 Tempe: 480-965-6146
 West: 602-543-8125

After-hours/weekends:
 Call EMPACT's 24-hour ASU-dedicated crisis hotline:
 480-921-1006

For life threatening emergencies
 Call 911

[Learn more about the importance of emotional well-being.](#)



[Get answers to frequently asked questions about ASU Counseling.](#)



[Learn about our crisis services](#)



[Resources for common student concerns](#)



[Training programs with ASU Counseling](#)

ASU Counseling Services

[Locations and Hours](#)

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